

Glenwood Middle School Basketball

Program Information and Expectations

Mission and Values

This is a year of growth. It's successful season if you continue to love the game and grow as a player and young man.

We are going to focus on the daily work - building good habits, consistent effort, competing, learning, connecting as a team, and executing strategy. The outcome is the byproduct, not the goal.

Bill Walsh - "The score takes care of itself."

5 C's

- **Commit:** Show up every day, give your best, and support your teammates no matter what.
- **Compete:** Embrace doing hard things. Don't be afraid of a mistake, missed shot, or loss.
- **Confidence:** Believe and trust in your ability, preparation, and teammates.
- **Control:** Managing emotions instead of letting them take over. Bounce back from setbacks.
- **Character:** Be a role model for others. Make smart choices.

Communication and Attendance

Coaches will use BCSD5/Rooms app to communicate updates, schedules, and other information to players and families. Individual messages will also be sent via the app whenever possible. General questions or personal updates are welcomed via BCSD5/Rooms app. Conversations about playing time or discipline must be initiated by the player or coach.

Practice

- "On time" means dressed, in the gym, and completed pre-practice warm up before stated practice start time.
- Players must wear black shirt (short sleeve or sleeveless) under red/white reversible PE jersey and athletic shorts. This is the everyday practice uniform.
- Practices are closed to the public unless otherwise announced.

Gamedays

- All players must ride the team bus to away games. Arrive at least 15 minutes before the bus time. If you are riding home with a parent, head coaches need request in writing.
- 8th grade players must be in the gym before the start of the 7th Grade game. 7th grade players must stay for the entire 8th grade game. No phones out while watching games.
- All players must be wearing the appropriate apparel to the game. This includes a Glenwood shirt with khakis for home games. Joggers are ok for away games.
- All players must be wearing the appropriate uniform during games. Undershirts must be same color as jersey. Shoes/socks should be Glenwood or neutral colors (red/white/black/grey).

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Dressing for Games and Playing Time

- State rules limit 15 players to roster for post-season play. We will mirror for regular season play. Any player not dressing for a game will be told prior to the day of the game.
- We must balance playing as many players as possible with competing to win. Not all players will play the same amount and playing time will vary game to game. It is not realistic to play 15 players in every game. We will strive to be fair. "Fair" is not "equal".
- Game readiness, practice effort/attitude, and attendance will determine playing time. Competing at a high-level in practice is the best way to earn playing time.
- All players will be given opportunities to develop and compete during practice and, if possible, additional game-like situations including inter/intra-squad scrimmages.
- If player is deemed ineligible for academic reasons, player and coach will be notified by school admin. Player is ineligible if they have an F in any class as of 8 AM on Thursday. Ineligible period is following week (Monday through Sunday). It doesn't matter if grade is raised during week – player still ineligible for entire week.

Coaches

- **8th Grade: Head Coach - Alex Tatman, Assistant - Kyle Sloman**
- **7th Grade Head Coach - Aaron Turner, Assistant - Jonathan Gorman**
- **6th Grade Head Coach - Raph Henneman**

Rooms App

Step 1: Download the "Ball Chatham CUSD5" app. **Turn on notifications!**

Step 2: At the bottom of the app, click on the button labeled "Rooms".

Step 3: It will prompt you to sign in. Please use the sign in via Google option using your school email/password or the parent/guardian email in Skyward (cannot be a BCSD5 email for district employees with students in the district). If it is not working, check your Skyward account and make sure your information is correct. If not, please update it.

Step 4: Once you are logged in, it will take you to the home page, which should include all Rooms you belong to. For example, if you play basketball and soccer, you will see a Room for both of those once you are added to that sport roster.

Step 5: To send a message to a coach, click the "Messages" button. There will be a red box in the bottom right corner. Click that button. Then, search by name, compose your message, and send.

Step 6: To open our specific team Room, click the Rooms button and select the specific room.

Step 7: The first tab is the Feed. You can see all announcements/reminders that coaches send out in this tab.

Step 8: The middle tab is Materials. You can find information (schedules, rules, etc.) in this tab.